

STORY #65

*There's no action without reaction, no effect without a cause. This is a principle of science. God is the cause and the whole universe is the effect. Do you really think that the flower or leaf or branch is self-sustaining? No, the roots sustain them. In the same way our root is Almighty God and He sustains us. One of the highest principles of bhakti is: The Almighty Lord is protecting the entire universe. Try not to worry so much. Have faith in God and continue to do your work.*

THE SAINT AND THE BUNDLE OF GRAIN

**I**N A SMALL TOWN there lived an old loving saint. He made his home in the village temple. He preferred to beg for food in other towns not where he lived. So each day he would leave town and then return home after receiving food.

Each day he received what he needed. But one day he was given a special package, a bundle full of grain. The old saint carried this bundle with him on the horse that he rode from town to town. As he traveled back toward his home, he began thinking about the grain.

“How selfish I am!” He said. “How cruel! The horse I’m sitting on is pregnant. It isn’t right for me to sit on her and also carry this extra weight. She’s carrying enough weight as it is.”

So in order to remove the burden from his horse, he put the bundle on his own head.

He continued traveling toward home, sitting on his horse with the package of grain on his own head. Soon he met a devotee who looked upon this scene and couldn’t understand what the saint was doing. When the saint approached him, the devotee asked,

“Guruji, why are you carrying that bundle on your head?”

“My mare is pregnant,” the saint said. “If I allow her to carry the bundle, the load will be too much for her.”

“But Guruji,” the devotee answered, “You and the bundle are both on the mare!”

Sometimes we’re all like this saint. If God is taking care of us, why should we worry and carry our burdens on our own head? Try not to unnecessarily worry about anything. Is there a need for a lamp to see the sun? No. When we worry about anything, it’s the same thing as a crazy man trying to see the sun with the help of a lamp.